

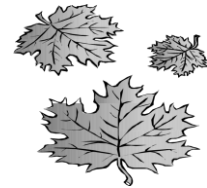
FLORHAM PARK SENIOR CITIZENS CLUB NEWSLETTER

SEPTEMBER - OCTOBER 2018

**LABOR DAY
SEPTEMBER 3**



**FIRST DAY OF AUTUMN
SEPTEMBER 22**



**DAYLIGHT SAVINGS ENDS
SET CLOCKS BACK ONE HOUR
SUNDAY, NOVEMBER 4**



FLORHAM PARK SENIOR CITIZENS CLUB INFO

Senior Citizens Center

111 Ridgedale Ave.
Florham Park, NJ 07932

Phone Numbers

Senior Center Main No.	973-520-8984
Senior Center Office	973-520-8983

Elective Officers

President:	Richard Irwin	973-966-6729	Treasurer:	Russell White	973-377-0107
Vice President:	Paul Chase	973-822-0031	Secretary:	Marianne Nucci	973-377-8081

PRESIDENT'S MESSAGE

We are at that time when people will commence with satisfaction and high expectation. Children lead the way in our thoughts, as grandchildren experience the pride of parents for various achievements.

Our club has satisfaction after 56 years following its incorporation in 1962 and the high expectation of our members and of many others in Florham Park for continued success by the Club and the Borough.

We hear how national unemployment is at the lowest level in years, as the number of unfilled open positions exceeds the number of people who now seek a good position to fulfill their careers. In our position, we are mostly retired and looking at our children and grandchildren with pride in what has been achieved and an expectation about what we, and they, may all be able to accomplish together.

Richard

STANDING COMMITTEES

We are currently in **need of volunteers** and would appreciate your help in any area of your interest. If you wish to assist on one of our Committees, please contact the following chairperson:

Activities	Nancy Sigler	Membership	Pat Chase
Programs	Olga Petrilak	Publicity	Winifred Schurek
Hospitality	Charles Germershausen	Newsletter	Art Thomas
Attendance	Pat Chase	MCCoOPO	Barbara Nevius
Good & Welfare	Rosalie Coll		

VICE PRESIDENT'S REPORT

After what amounted to a ten-month process, our Senior Citizens Club has received a "not-for-profit status" from the Internal Revenue Service. Our new status makes the Club exempt from federal income tax under Internal Revenue Code Section 501 (c) (3). This designation will allow donors to deduct their contributions to the Club from their income tax. Also, the Club is now qualified to receive tax deductible bequests, transfers, or gifts.

We wish to thank the following for their efforts in obtaining the not-for-profit status: Borough Attorney, Joe Bell and his staff; Borough Administrator, William Huyler; Council President and Senior Citizen Liaison, Carmen Cefolo-Pane; and Senior Citizen Club Treasurer, Russ White.

Thanks for participating in our membership survey last Spring. Over 50 members or approximately 25% of the membership responded. On the survey, members were asked to rank the Club benefits, which are noted below:

<u>Rank</u>	<u>Benefit</u>	<u>Rank</u>	<u>Benefit</u>
1	The Club's Newsletter	6	Trips and Outings
T2	Luncheons – Holiday/Spring/Picnic	7	Computer technical help
T2	Socializing with other members	8	Exercise class
4	Seniors Helping Seniors program	9	Movies
5	General membership meetings	10	Bingo

Another section of the survey rated the reasons why members attend the general membership meetings.

<u>Rank</u>	<u>Reason</u>
1	Socialization with other members
2	Educational programs (security, fraud prevention, arts)
3	Self-help programs (health, strength, financial)
4	Entertaining programs (musical, comedy)
5	Refreshments (coffee/tea, snacks, sandwiches, pizza)

MEMBERSHIP

Please welcome the following new members:

Last Name	First		Birthday	Address
Ghegan	Charlene		3/3	24 Beechwood Road
Gregorio	Marie		10/29	152 Brandywyne Road
Haemmerle	William		11/1	1 Brooklake Road
Haemmerle	Eileen		10/26	1 Brooklake Road
Zeien	Mary Jane		12/16	15 Hopping Lane
Zeien	Richard		5/28	15 Hopping Lane

We wish the following members farewell and good luck in their new homes:

Charlene Sozansky
Jim and Bea Guzzi

TELEPHONE TREE

In the case of the death of a club member or someone in the member's immediate family, please call Richard Irwin at 973-966-6729. The deceased member's family must give permission for the information to be released to the membership. If you would like to be contacted, please make sure we have your current phone number. If Richard is not available, please call Eileen Cerrato at 973-822-2296.

We need **volunteers** for the Telephone Tree. Please advise Richard if you would like to volunteer to be a telephone tree caller.

IN MEMORIAM

Let us take a few moments for reflection and prayer for the following members who have departed:

Om Tuli, 5/1/18
Eugene Taylo, 6/5/18
Louis Amirrato, 7/18/18
Ted Gleichmann, 08/11/18
Jack Needham, 8/21/18

TRIPS

Thursday, November 8, 2018 – Three Irish Tenors - We will travel to Doolan's in Spring Lake to hear brothers, Jimmy, Bobby and Mike Byrne join in song, along with a comedian and a show band. Your meal includes choice of one entree, dessert and a one-hour open bar. Cost to Florham Park Seniors is \$67. (n/w)

Monday, December 12, 2018 – Hunterdon Hills Playhouse – Wonderful new Christmas production including new original songs, classic and traditional favorites, comedy sketches and dance numbers. Lunch before the show plus the "DESSERT ROOM." Cost to Florham Park Seniors is \$74. (n/w)

** (n/w) = no walking; (s/w) = some walking; (w) = walking

Please note: The cost of each trip includes ALL gratuities. Most trips also include a meal – see individual flyer. For all trips, make payment by check payable to Florham Park Seniors. Refund policy is listed on individual trip flyers. Those guests needing assistance with walking, dining or other personal needs must be accompanied by a companion who will assist them. If you have any questions, please contact Nancy Sigler at 973-377-4931.

SENIORS HELPING SENIORS

We will continue to put our “can” out at meetings and keep replenishing our fund for Seniors who may need help with food and other necessities. We are making a difference--let's continue with this project.

BINGO

Join us for Bingo at the Senior Center which is held twice a month on Tuesdays at 1:00 p.m. The dates are: 9/11, 9/25, 10/9 and 10/23. These dates are also listed on the **calendar in the lobby of the Senior Center.**

COLORING

Adult coloring will continue at the senior Center usually on Wednesdays between 10:30 a.m. and 12 noon. There is no coloring in September or December. The next dates are Wednesday, 10/31/18 and Tuesday, 11/13/18.

COMPUTER AND TECH SUPPORT

FDU students will be at the Senior Center on Mondays from 11 a.m. to 12:30 p.m. and Wednesdays from 11 a.m. to 2:00 p.m., and Bobby will be there on Thursdays from about 2:30. Please bring your iPhones, iPad, or technical questions for the experts.

SENIOR EXERCISE CLASS

The next 10-weeks of exercise classes will begin on **Thursday, September 13 - December 6, 2018** for a fee of \$10. Classes are held two times a week on Monday from 1:00 p.m. to 1:30 p.m. and Thursday from 10:00 a.m. to 10:30 a.m. More details and sign-up sheets are at the end of this Newsletter. You can either mail the sign-up sheet to Ruth or bring it completed with a check to the first class.
Ruth Moolin, 4 Cory Road, Florham Park, NJ 07932.

QI GONG EXERCISE CLASS

Qi Gong classes will begin on **Friday, September 14 and run through Friday, December 7, 2018.** More details and a sign-up sheet are at the end of the Newsletter.

FLORHAM PARK BOROUGH WEBSITE

For Seniors with home access to the Internet or to the computers at the Florham Park Library, you can go to the website <http://www.fpboro.net> for upcoming Borough meetings, events, news and announcements. For Senior activities, the **Senior Citizens Corner** is located under **Recreation**. The newsletter is also posted there.

PROGRAMS AT THE FLORHAM PARK LIBRARY

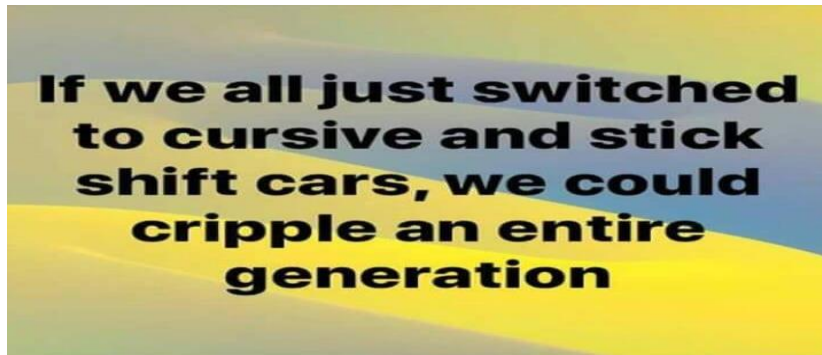
On the last Tuesday evening of the month the Library will show a recent DVD release at 6:30 p.m. For future selections, please check with the Library.
Also, the Second Sundays Series at 2:00 p.m. will feature:
Carol Levine Simon - Remember the Ladies on September 9
Peter Biedermann - Guitar Performance on October 14
Reservations are required.

MCCoOPO NEWS

The MCCoOPO Luncheon and Dance will be held on Friday, October 5, 2018 from 11:15 a.m. until 3:00 p.m. at the Zeris Inn, 372 Route 46, Mountain Lakes. Music by local D.J. Jim Winfield. Choice of beef, salmon, or chicken marsala. The cost is \$30.00, and reservations must be received on or before September 21. Please call Barbara Nevius at 973-377-7522 for reservation forms.

The Morris County Veterans Service Office at (973) 285-6866 or <https://hs.morriscountynj.gov/veterans/>, provides services pertaining to service-connected compensation and VA pension benefits. Other services are: counseling, military records and form DD214, burial benefits, veteran interments, agent orange and PTD, spouse and dependent benefits, claim appeals, correction of records, loan guaranty, flags, and grave markers and GI life insurance.

They can also provide referrals for: employment services, food services, housing/shelter, transportation, counseling, community supports, substance abuse services, in-home medical care and caregiver assistance



FALL PICNIC

The fall picnic will be held on Wednesday, September 26 at 11:30 pm. at the Florham Park Community Center. Please complete and return the signup below.



Hot Catered Picnic Luncheon at the Florham Park Community Center

Wednesday, September 26, 2018, 11:30 a.m.

Cost: \$2.00 per person

Please return this completed form and payment by **check** [no cash] made out to: "Florham Park Seniors" by Wednesday, September 20. Give to: Joanne at Senior Center or mail to:

Pat Chase, 48 Orchard Road, Florham Park, NJ 07932 973-822-0031

Name _____ Phone No. _____

Name _____ Phone No. _____

SENIOR CITIZENS CLUB CALENDAR*

Date	Event	Time/Place
Mon., Sept. 3	Labor Day - Senior Center is CLOSED	
Wed., Sept. 5	Board Meeting	10:00 a.m. Senior Center
Fri., Sept. 7	Movie	12:30 p.m. Senior Center
Tues., Sept. 11	Bingo	1:00 p.m. Senior Center
Wed., Sept. 12	General Meeting – “CLEAR CAPTIONS” – Learn about the Federally funded advanced telephone captioning service. Please register at the Senior Center for the lunch to follow.	11:00 a.m. Community Center
Fri., Sept. 14	Movie	12:30 p.m. Senior Center
Fri., Sept. 21	Movie	12:30 p.m. Senior Center
Tues., Sept. 25	Bingo	1:00 p.m. Senior Center
Wed., Sept. 26	Annual Fall Picnic – Pete Limone returns to entertain us as only he can. Come enjoy his take on music, life stories, the company of friends, good food and plain old-fashioned FUN.	11:30 a.m. Community Center
Fri., Sept. 28	Movie	12:30 p.m. Senior Center
Wed., Oct. 3	Board Meeting	10:00 a.m. Senior Center
Fri., Oct. 5	Movie	1:00 p.m. Senior Center
Mon., Oct. 8	Columbus Day – Senior Center is CLOSED	
Tues., Oct. 9	Bingo	1:00 p.m. Senior Center
Wed., Oct. 10	General Meeting – Cello recital by Randy Calistri Yei He was so well received last year, we have invited him back.	11:00 a.m. Community Center
Fri., Oct. 12	Movie	12:30 p.m. Senior Center
Fri., Oct. 19	Movie	12:30 p.m. Senior Center
Tues., Oct. 23	Bingo	1:00 p.m. Senior Center
Wed., Oct. 24	General Meeting – “TWILIGHT DONE RIGHT” – free planner and talk by local experts in senior living options, estates and trusts, relocation, health care and hospice, funerals and memorials. Following the program, you will receive a gift bag, including a \$25 gift card from Charlie Brown’s.	11:00 a.m. Community Center
Fri., Oct. 26	Movie	12:30 p.m. Senior Center
Wed., Oct. 31	Coloring	10:30 a.m. Senior Center

*Please check with the Seniors Club office for any changes or updates to the Calendar.



Happy Birthday



SEPTEMBER			OCTOBER		
Barbara	Nevius	9/1	Loretta	Wilson	10/1
Bernadette	Kane	9/5	Dorothy	Strand	10/6
Nancy	Fiore	9/10	Vivian	Constantino	10/7
Joan	Metro	9/11	Nicholas	Fiore	10/8
Helen	Filler	9/13	Fred	DiMuccio	10/11
Peter	Pelosi	9/14	Jeanette	Besen	10/16
Frank	Sabatino	9/14	Katherine	Matthews	10/19
Rosemary	Schumacher	9/14	Evanne	Bauer	10/26
Anne	Sommer	9/14	Eileen	Haemmerle	10/26
Richard	Himics	9/16	James	Guzzi	10/28
Dominic	Lombardi	9/16	Marie	Gregorio	10/29
Jeanette	Manzi	9/16			
Gloria Jene	Hopping	9/17			
Richard	Metro	9/21			
Mary Jane	Genoese	9/22			
Jerome	Kelly	9/22			
James	Matthews	9/23			
Virginia	Arnold	9/25			

FLORHAM PARK SENIORS EXERCISE CLASS

This class is taught by Florham park Resident and Jazzercise instructor, Stephanie Akers.

The class will consist of light aerobic exercises and stretching to improve balance and fitness for Florham Park residents who are aged 62 or older.

WHEN: Mondays from 1:00 – 1:30p.m. and Thursdays from 10:00 – 10:30 a.m.

WHERE: Florham Park Senior Center

FEE: \$10 per person (2 classes per week for 10 weeks) – Thursday, September 13 through December 6, 2018. Please make checks payable to "*The Florham Park Senior Citizens Club.*"

BRING: A rubber exercise band. It should be long and strong enough to fit under your feet and not break while stretching. You are encouraged to bring a water bottle.

WHO: Classes are for senior citizens of Florham Park. Beginners are welcome.

HOW: Complete the form below and return with payment.

QUESTIONS: Contact Ruth Moolin - 973-822-2272 - 4 Cory Road, Florham Park

Name _____

Street Address _____

Phone# _____

Emergency Contact Name _____ Phone# _____

I agree that the Florham Park Senior Citizens Club, its officers and volunteers, or its exercise program and instructor; the Florham Park Recreation Department, or its employees and volunteers, or the Borough of Florham Park, or its elected or appointed officers, employees, volunteers, or agents, will not be held responsible for any accident or injury sustained by the named participant during the course of this program or activity.

Signature of Participant _____ Date _____

FLORHAM PARK SENIORS QI GONG EXERCISE CLASS

This class is taught by YMCA instructor, Bianca.

The class is a gentle “moving meditation” that releases tension, cultivates energy and helps connect you to your own sense of balance and harmony. It is sometimes called “Chinese Yoga.”

WHEN: Fridays from 10:00 a.m.– 11:00 a.m.

WHERE: Florham Park Senior Center

FEE: \$10 per person (one class per week) – Friday, September 14 through Friday, December 7, 2018.

Please make checks payable to "*The Florham Park Senior Citizens Club.*"

BRING: You are encouraged to bring a water bottle.

WHO: Classes are for senior citizens of Florham Park, 62 years and older.

HOW: Complete the form below and return with payment.

QUESTIONS: Contact Ruth Moolin - 973-822-2272 - 4 Cory Road, Florham Park

Name _____

Street Address _____

Phone # _____

Emergency Contact Name _____ Phone # _____

I agree that the Florham Park Senior Citizens Club, its officers and volunteers, or its exercise program and instructor; the Florham Park Recreation Department, or its employees and volunteers; or the Borough of Florham Park, or its elected or appointed officers, employees, volunteers, or agents, will not be held responsible for any accident or injury sustained by the named participant during the course of this program or activity.

Participant Signature _____ Date: _____



Florham Park Senior Citizens Club
Borough of Florham Park
111 Ridgedale Avenue
Florham Park, NJ 07932