

FLORHAM PARK SENIOR CITIZENS CLUB NEWSLETTER

MARCH – APRIL 2020



**Daylight Saving Time,
Sunday, March 8**



**Happy Holi,
Tuesday, March 10**



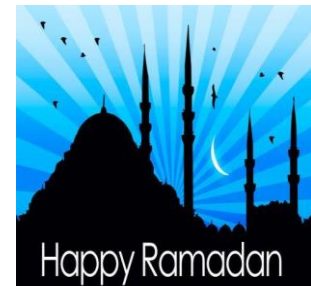
**Saint Patrick's Day
Tuesday, March 17**



**Passover begins,
Wednesday, April 8**



**Easter/Orthodox Easter
Sunday, April 12/
Sunday, April 19**



**Ramadan begins,
Friday, April 24**

FLORHAM PARK SENIOR CITIZENS CLUB

Senior Citizens Center

111 Ridgedale Ave.
Florham Park, NJ 07932

Phone Numbers

Senior Center Main No.	973-520-8984
Senior Center Office	973-520-8983

Elected Officers

President: Paul Chase	973-822-0031	Treasurer: Russell White	973-377-0107
V. President: Angela Landon	973-765-0022	Secretary: Marianne Nucci	973-377-8081

PRESIDENT'S MESSAGE

The first day of Spring, March 19th, is literally just around the corner. We've been fortunate to have enjoyed some pretty mild weather this winter! So, as not to jinx the next few weeks, I won't mention that four-letter word, sn***. Whatever the weather may bring, it's especially nice to have the Senior Center available to enjoy indoor activities during the winter and early spring months.

Membership renewal began January 1st. The membership dues enable us to provide the benefits we all enjoy, so please don't let your dues lapse. If you haven't paid yet, please send a check to Membership Chair, Pat Chase. A renewal form is included in this newsletter.

An enjoyable musical activity has been recently added to the Senior Center thanks to Steve Brozyna. Steve, a Club member, will entertain us by playing his guitar on two Mondays in both March and April. Dates and times are listed in the Club Calendar. Come join us and bring your lunch or a snack if you wish.

Our trips, scheduled by Nancy Sigler, are open to all Senior Citizens. You are welcomed to sign up for the next trip to Hunterdon Hills Playhouse on Thursday, April 23rd. The audience will help Sherlock Holmes solve a mystery in this original immersive musical comedy show. Flyers are available at the Senior Center.

Thanks go out to Jo Passalaqua for volunteering to lead the Club's hospitality program.

Also, Mayor Mark Taylor and the Borough will be providing lunch at the Community Center on March 25th. The lunch invitation is open to all Florham Park Seniors, so bring a neighbor or friend to join in the discussion with our mayor. The lunch starts at 11:30 a.m., immediately following our Club meeting.

STANDING COMMITTEES

We are currently in **need of volunteers** and would appreciate your help in any area of your interest. If you wish to assist on one of our Committees, please contact the following chairperson:

Activities	Nancy Sigler	Membership	Pat Chase
Programs	Olga Petrilak	Publicity	Winifred Schurek
Hospitality	Jo Passalaqua	Newsletter	Pat & Paul Chase
Attendance	Pat Chase	MCCoOPO	Barbara Nevius
Good & Welfare	Rosalie Coll		



Please welcome the following new or reinstated* members:

Last Name	First	Address
Brower	Cheryl	93 Roosevelt Blvd.
Brower	Philip	93 Roosevelt Blvd.
Daftari	Bharati	23 Elmwood Road
Damiano	Jim	91 Cathedral Ave.
Damiano	Marie	91 Cathedral Ave.

Last Name	First	Address
Hoffman	Elaine	4 Sarazen Court
Kraus	Marsha	29 Kenneth Court
Ryan*	Eileen	17 Village Road
Ulman	Neil	4 Sarazen Court



Join us for Bingo at the Senior Center which is held twice a month on Tuesdays at 1:00 p.m. The dates are: **3/10, 3/24, 4/7, 4/21, 5/5, 5/19, 6/2, and 6/16**. These dates are also listed on the **calendar in the lobby of the Senior Center**.



KNITTING/CROCHET CIRCLE

Mondays, 2 p.m. – 4 p.m

Do you enjoy knitting or crocheting? Come join us in the Senior Center craft room. Bring a project of your choice or help us make even more squares/strips/afghans.

The group has been productive over the past few months. We've produced and delivered 20 children's afghans for the organizations "WeCareBlankets" and "SavingMothers".

Thank you to all who have made squares over the past years. We have put them to good use.

If you have any questions, contact **Marsha Huber 973-960-8722** or email at **mhuber123@gmail.com**

COLORING

Adult coloring will continue at the Senior Center on Wednesdays between 10:30 a.m. and 12 noon. The dates are: **3/18, 4/15, 5/20 and 6/17**.

TRIPS

Thursday, April 23, 2020 – Sherlock Holmes is returning to Hunterdon Hills for another Immersive Musical show. Buckingham Palace has been robbed and we, the audience, must help solve the crime. Lunch is included. (n/w)

Thursday, May 21, 2020 – September 11 Memorial & Museum (please bring photo ID). Multimedia displays, archives, and a collection of authentic artifacts on display as well as the twin memorial reflecting pools. There will be moderate walking on this trip of 2-3 blocks so please wear walking shoes. Included lunch will be in Little Italy. (s/w)

Thursday, June 18, 2020 – Sight & Sound Theater, Lancaster, PA presents Queen Ester. A story from the Old Testament comes to life with magnificent sets, special effects, and live animals in this new original stage production. An Amish style all you can eat lunch is included prior to the show. (n/w)

Notes: (n/w) = no walking; (s/w) = some walking; (w) = walking

The cost of each trip includes all gratuities. For all trips, payment should be made by check payable to "Florham Park Senior Citizens Club". Refund policy is listed on individual trip flyers. Participants must be able to participate on their own or with the help of a traveling companion.

SENIORS HELPING SENIORS



We run the 50/50 raffle and put our “can” out at general meetings in order to continually replenish our Seniors Helping Seniors fund. We are making a much-appreciated difference in the lives of seniors who may need some assistance with paying for food and other necessities. Thank you for your participation!

TELEPHONE TREE



In the case of the death of a Club member or someone in the member's immediate family, please inform Eileen Cerrato at 973-822-2296 or Paul Chase at 973-822-0031. The deceased member’s family will be contacted and needs to give permission for any non-public information to be released to the general membership. If you would like to be contacted, please make sure Eileen has your current phone number.

SERVICES DIRECTORY

If you require a professional service along with a local recommendation, a Service Directory is available at the Senior Center with recommendations from other Senior Club members.

PROGRAMS AT THE FLORHAM PARK LIBRARY

On the last Tuesday evening of the month the Library will show a recent DVD at 6:30 p.m.
(March 31, 2020 and April 28, 2020). For future selections, please check with the Library.

The Second Sundays Series at 2:00 p.m. will feature:

March 8, 2020 – Tales Well Told: The Bedquilt (Dramatic reading by Michele LaRue)

Reservations are required.

QUIPS



Why did the banker break up with his girlfriend? He lost interest.

The difference between the short and long income-tax forms is simple. If you use the short form, the government gets your money. If you use the long form, your accountant gets your money.

They say money doesn't bring you happiness. But it's better to verify things for yourself.

My boss pulled up to work in his new sports car this morning, and I complimented him on it. He stepped out of his car, put his hand on my shoulder and replied, “Well, if you work hard, set goals and put in long hours, I can get an even better one next year.”

FLORHAM PARK SENIORS EXERCISE CLASS

This class is taught by Florham Park resident and Jazzercise instructor, Stephanie Akers. The class will consist of light aerobic exercises and stretching to improve balance and fitness for Florham Park residents who are age 62 or older.

WHEN: Mondays 1:00 – 1:30 p.m. and Thursdays 10:00 – 10:30 a.m.

The next set of classes begin on Thursday, April 2, 2020 and continue through Monday, June 1, 2020.

WHERE: Florham Park Senior Center

FEE: \$10 per person (2 classes per week for 10 weeks)

Please make check payable to "*Florham Park Senior Citizens Club.*"

BRING: A rubber exercise band. It should be long and strong enough to fit under your feet and not break while stretching. You are encouraged to bring a water bottle.

WHO: Classes are for senior citizens of Florham Park. Beginners are welcome.

HOW: Complete the form below and return with payment.

QUESTIONS: Contact Ruth Moolin (973-822-2272) - 4 Cory Road, Florham Park

Name _____

Street Address _____

Phone # _____

Emergency Contact Name _____ Phone # _____

I agree that the Florham Park Senior Citizens Club, its officers and volunteers, or its exercise program and instructor; the Florham Park Recreation Department, or its employees and volunteers, or the Borough of Florham Park, or its elected or appointed officers, employees, volunteers, or agents, will not be held responsible for any accident or injury sustained by the named participant during the course of this program or activity.

Signature of Participant _____ Date _____



GOOD & WELFARE

If you know of a Club member or their immediate family member who is not well, please contact **Rosalie Coll at 973-822-0610**. Rosalie mails out get-well and sympathy cards on behalf of the Club.

SENIOR CITIZENS CLUB CALENDAR

Please check with the Senior Center office for any changes or updates to the calendar.

Date	Event	Time/Place
Tues., Mar. 3	Trip to the Philadelphia Flower Show.	See flyer for details
Wed., Mar. 4	Executive Committee Meeting	10:00 a.m. Senior Center
Fri., Mar. 6	Movie	12:30 p.m. Senior Center
Mon., Mar. 9	Live guitar music by Steve Brozyna	1:30 p.m. Senior Center
Tues., Mar. 10	Bingo	1:00 p.m. Senior Center
Wed., Mar. 11	General Meeting – “Women in History” presented by Joel Farkas. Recognizing women from the Revolutionary War to the present day.	11:00 a.m. Community Center
Wed., Mar. 11	Blood Pressure Screening	11:00 a.m. Community Ctr
Fri., Mar. 13	Movie	12:30 p.m. Senior Center
Wed., Mar. 18	Coloring	10:30 a.m. Senior Center
Fri., Mar. 20	Movie	12:30 p.m. Senior Center
Mon., Mar. 23	Live guitar music by Steve Brozyna	1:30 p.m. Senior Center
Tues., Mar. 24	Bingo	1:00 p.m. Senior Center
Wed., Mar. 25	General Meeting followed by Lunch with Mayor Mark Taylor.	11:00 a.m. Community Center
Fri., Mar. 27	Movie	12:30 p.m. Senior Center
Wed., Apr. 1	Executive Committee Meeting	10:00 a.m. Senior Center
Fri., Apr. 3	Movie	12:30 p.m. Senior Center
Mon., Apr. 6	Live guitar music by Steve Brozyna	1:30 p.m. Senior Center
Tues., Apr. 7	Bingo	1:00 p.m. Senior Center
Wed., Apr. 8	General Meeting – “History of the Guide Dog” presented by the Seeing Eye of Morristown accompanied by a canine companion.	11:00 a.m. Community Center
Wed., Apr. 8	Blood Pressure Screening	11:00 a.m. Community Ctr
Fri., Apr. 10	Movie	12:30 p.m. Senior Center
Wed., Apr. 15	Coloring	10:30 a.m. Senior Center
Fri., Apr. 17	Movie	12:30 p.m. Senior Center
Mon., Apr. 20	Live guitar music by Steve Brozyna	1:30 p.m. Senior Center
Tues., Apr. 21	Bingo	1:00 p.m. Senior Center
Wed., Apr. 22	General Meeting – “Flavian” presents an amazing mind-reading game show while making you laugh. Not to be missed show!	11:00 a.m. Community Center
Thur., Apr. 23	Trip to Hunterdon Hills for a Sherlock Holmes immersive musical comedy show.	See flyer for details
Fri., Apr. 24	Movie	12:30 p.m. Senior Center

Exercise Classes: March 2nd, 5th, 9th, 12th, 16th, 19th, 23rd, 26th, 30th
 April 2nd, 6th, 9th, 13th, 16th, 20th, 23rd, 27th, 30th

Qi Gong Classes: March 6th, 13th, 20th, 27th
 April 3rd, 10th, 17th, 24

FLORHAM PARK SENIORS QI GONG EXERCISE CLASS

This class, taught by YMCA instructor, Bianca Godoy, is a gentle "moving meditation" that releases tension, cultivates energy and helps connect you to your own sense of balance and harmony. It is sometimes called "Chinese Yoga."

WHEN: Fridays 10:00 a.m.– 10:55 a.m.

The next set of classes begin on Friday, April 3, 2020 and continue through June 12, 2020.

WHERE: Florham Park Senior Center

FEE: \$10 per person (one class per week)

Please make check payable to "*Florham Park Senior Citizens Club.*"

BRING: You are encouraged to bring a water bottle.

WHO: Classes are for senior citizens of Florham Park, 62 years and older.

HOW: Complete the form below and return with payment to Ruth Moolin, 4 Cory Road, Florham Park or to Marsha Huber, 6 Riverside Drive, Florham Park.

QUESTIONS: Contact Marsha Huber at 973-960-8722 or Ruth Moolin at 973-822-2272.

Name _____

Street Address _____

Phone # _____

Emergency Contact Name _____ Phone # _____

Do you text? Yes or No

I agree that the Florham Park Senior Citizens Club, its officers and volunteers, or its exercise program and instructor; the Florham Park Recreation Department, or its employees and volunteers; or the Borough of Florham Park, or its elected or appointed officers, employees, volunteers, or agents, will not be held responsible for any accident or injury sustained by the named participant during the course of this program or activity.

Participant Signature _____ Date: _____

✂ -----

WATERCOLOR PAINTING GROUP



Are you interested in being inspired by fellow artists? Linda Frank and Judith Core are inviting anyone with an interest in art to participate in a weekly session on Mondays from 10:00 a.m. to 12:00 p.m. The group will meet in the craft room for artistic endeavors. Any questions call Linda, 973-472-9591 or Judith, 973-845-9497



Happy Birthday



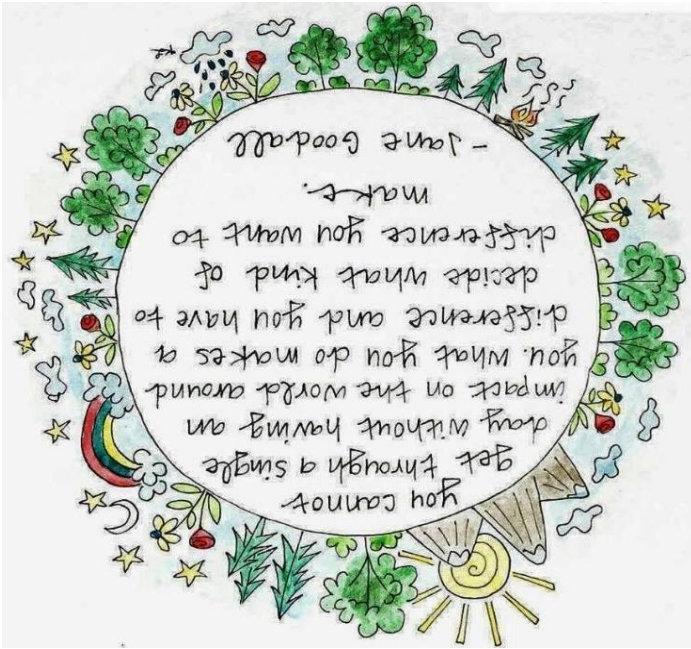
MARCH

Kaleh	Peg	3/1
McCoy	Valerie	3/1
Tuli	Prem	3/1
Ghegan	Charlene	3/3
Core	Judith	3/4
Adams	Bettie	3/5
Haitmanek	Carmela	3/5
DeLorenzo	Angela	3/6
Nixon	Susan	3/12
Huber	Marsha	3/13
Damiano	Marie	3/15
Margotta	Angela	3/21
Irwin	Linda	3/22
Dennison	Thomas	3/24
Gleichmann	Connie	3/26
Walk	Joseph	3/27

APRIL

Kleban	Myron	4/6
Taylo	Barbara	4/9
Tarencz	Barbara	4/10
Adamo	Claire	4/12
White	Nellie	4/14
Irwin	Richard	4/15
Patetta	Jonelle	4/16
Padden	Thomas	4/17
Damiano	Jim	4/20
Sabatino	Mildred	4/20
Salvato	Gerard	4/23
Finegan	Jo-Anna	4/24
Ammirato	Edith	4/25
Tighe	Brian	4/26
Kraus	Marcia	4/27
Prokop	Michael	4/28
Contella	Rosemarie	4/30
Davidson	Richard	4/30





APRIL 22, 2020

Florham Park Senior Citizens Club
Borough of Florham Park
111 Ridgedale Avenue
Florham Park, NJ 07932