



FLORHAM PARK SENIOR CITIZENS CLUB NEWSLETTER

NOVEMBER -
DECEMBER
2020

PRESIDENT'S MESSAGE

Several opportunities to enjoy the outdoors and to socialize at a safe distance were offered to our Senior Club members this Fall. The pickleball group continues to play on Monday, Wednesday and Saturday mornings. The September Gazebo concert was well-attended, and the weather cooperated by giving us a warm Sunday afternoon. In October, over 25 Seniors attended a brown-bag lunch under the pavilion at the Community Center. Steve Brozyna, a club member, entertained us with his songs accompanied by his guitar.

Through the end of 2020, our Club activities will continue to be on hold. The Senior Center and the Community Center will be closed as well. I'm hoping activities will open up by Spring. This will depend on the success of the current vaccine trials and whether or not the plans for distributing the vaccine are carried out efficiently. Until then, you can still get outdoors and exercise. Stay in touch by asking another Club member or neighbor to join you for a social-distancing walk at one of the local or Morris County parks.

I wish everyone a happy and healthy Thanksgiving and December holiday season. With the arrival of our new granddaughter, Olivia, I am reminded that great things are still taking place right now, and that we look forward with hope to the coming new year.

Paul



The flu can be very serious, especially for people who are 65 years and older. This flu season, protect yourself and your loved ones by getting the flu shot. It's the best way to help keep you from getting sick and spreading the virus to others. Don't forget to ask for the senior dose.



The activities of the Senior Citizens Club are supported by our volunteers.

If you wish to assist on any of our committees, or have any comments or suggestions, please email Paul Chase at pchase1010@gmail.com

SENIORS HELPING SENIORS

Our Club provides monthly food certificates for local, needy senior residents through the Seniors Helping Seniors program. Approximately 80% of these funds are raised through the Blue Foundry Bank's Community Alliance Banking Program. Recently, the number of Club members participating in the program has dropped below the minimum number of 20 accounts needed to qualify for the Community Alliance funds. **We urgently need at least five more participants.**

Please help us to continue supporting Florham Park seniors by opening either a checking or savings account at the Bank, which is located at 209 Ridgedale Avenue, and let the Bank know that you are a Florham Park Senior Citizens Club member. You can make a difference.

Also, if you know of any Senior in town that may need help with errands or food shopping, please have them call Eileen Cerrato (973-822-2296) or Joelyn Hoferer (973-377-3898). Thank you.

Together we fight
Coronavirus



Sure, we must wear masks and social distance, but think back to what our ancestors endured less than a decade ago: two world wars, the Korean and Vietnam Wars, the Spanish Flu and the collapse of the NY Stock Market. All without the creature comforts we have today! They survived and didn't lose their joy of living. A change in our perspective can help us be thankful that we are alive and can protect and help each other.



VETERANS DAY
HONORING ALL WHO SERVED

EXECUTIVE COMMITTEE

Officers

Paul Chase 973-822-0031

President

Angela Landon 973-765-0022

Vice President

Russell White 973-377-0107

Treasurer

Marianne Nucci 973-377-8081

Secretary

Committee Chairs

Nancy Sigler - *Activities*

Olga Petrilak - *Programs*

Jo Passalaqua - *Hospitality*

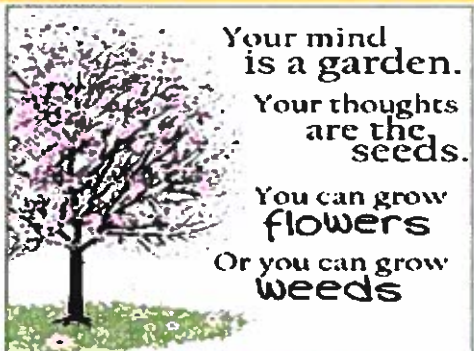
Pat Chase - *Membership & Attendance*

Rosalie Coll - *Good & Welfare*

Winnie Schurek - *Publicity*

Barbara Nevius - *MCCoOPO*

Paul & Pat Chase - *Newsletter*



Florham Park Senior Center

Diane Guido - *Site Supervisor*

Cell: 973-698-7278

Center: 973-520-8984

Office: 973-520-8983

UPCOMING EVENTS

Due to the on-going pandemic, future activities and events of the Florham Park Senior Citizens Club will be determined by Governor Murphy's Executive Orders and guidance from the Florham Park Borough officials. As of November 1st, the status of activities are listed below but may change in the coming weeks. Please check with the Police Department website, www.fppd.net, for further updates.

Membership Meetings - Most indoor gatherings are currently limited to 25 people. Until this restriction is lifted and the Borough re-opens the Community Center, the Club meetings are on hold.

Senior Club Holiday Luncheon - Unfortunately, the December Holiday Luncheon has been cancelled.

Trips - Trips are typically not scheduled during the winter months.

Senior Center - The Florham Park Senior Center will continue to be closed.

Florham Park Public Library - The library opened on August 24th with new hours and services. A mask must be worn at all times while in the building and no more than 20 people are permitted inside at a time. Computers are available for use by appointment.

Seniors Only Hours: Tuesday 10:00 am - 12:00 pm

Building Open Hours: Tuesday 12:00 pm - 7:00 pm

Wednesday 12:00 pm - 5:00 pm

Curbside Book Pickup

Monday - Saturday Thursday 12:00 pm - 7:00 pm

10:00 am - 3:00 pm Friday 12:00 pm - 5:00 pm

Daylight Saving Time Ends - Sunday, November 1st at 2:00 am

General Election Day - Tuesday, November 3rd

Interfaith Thanksgiving Celebration - Sunday, November 8th at the Florham Park Gazebo from 3:00 pm - 4:00 pm

Veterans Day - Wednesday, November 11th

Thanksgiving Day - Thursday, November 25th

Chanukah - December 11th - December 18th

Christmas Day - December 25th

Borough Meetings

Council, Planning Board, Board of Adjustment and other meetings are being conducted remotely for the safety of all participants. A calendar of meetings, along with their agendas and minutes, can be found on the Borough website at www.fpboro.net.

SENIOR CLUB LUNCH

Over 25 Club members attended an informal, brown-bag lunch on October 7th under the pavilion at the Community Center. Everyone appreciated the opportunity to see friends and catch up on family news. A special thanks to Steve Brozyna for providing the music and to Diane Guido for the dessert snacks.



SOCIAL SECURITY INCREASE FOR 2021

The Social Security Administration has announced a 1.3 percent increase in benefits in 2021, an increase even smaller than last year's.

Cost-of-living increases are tied to the consumer price index, and a modest upturn in inflation rates and gas prices means Social Security recipients will get only a slight boost in 2021. The 1.3 percent increase is similar to last year's 1.6 percent increase, but much smaller than the 2.8 percent rise in 2019. The average monthly benefit of \$1,523 in 2020 will go up by \$20 a month to \$1,543 for an individual beneficiary or \$240 yearly.

The cost-of-living change also affects the maximum amount of earnings subject to the Social Security tax, which will grow from \$137,700 to \$142,800.

Most beneficiaries will be able to find out their specific cost-of-living adjustment online by logging on to [my Social Security](#) in December 2020. While you can still receive your increase notice by mail, you have the option to choose whether to receive your notice online instead of on paper.

GAZEBO CONCERT

Many Seniors and Borough residents attended an outdoor concert at the Gazebo on September 13th. Street Hassle, a local band, performed at the event. Thanks go out to the Florham Park Gazebo Committee for sponsoring the concert after the regular summer concerts were cancelled.





HAPPY BIRTHDAY

NOVEMBER

| | |
|---------------------|-------|
| William Haemmerle | 11/1 |
| Linda Frank | 11/2 |
| Eva Metro | 11/2 |
| Kirk Nixon | 11/3 |
| Nancy Sigler | 11/3 |
| Paul Chase | 11/6 |
| Joan Carlotta | 11/8 |
| Eileen Falco | 11/11 |
| Rosemary Schumacher | 11/11 |
| Tom O'Brien | 11/12 |
| Stephen Brosna | 11/14 |
| Frank Newman | 11/16 |
| Susan Dolan | 11/22 |
| Bobbi Battle | 11/24 |
| Shirley VI Rosco | 11/24 |
| Barbara Tassielli | 11/26 |
| Shaina Haidari | 11/28 |
| Laura Crinion | 11/30 |

DECEMBER

| | |
|-------------------|-------|
| Peggy Patrick | 12/5 |
| Elaine Hoffman | 12/5 |
| Peggy Delano | 12/7 |
| Doris Newman | 12/10 |
| Juanita Mayo | 12/11 |
| Bharati Daftar | 12/11 |
| Mary Jane Zein | 12/16 |
| Robert Love | 12/17 |
| Marie D'Amico | 12/23 |
| Carol Padden | 12/23 |
| Karen Giordano | 12/26 |
| Natalie Powell | 12/26 |
| William DeLorenzo | 12/27 |
| Marie Camerlengo | 12/29 |
| Ronald Bauer | 12/30 |
| Marjorie Spada | 12/31 |



IN MEMORIUM

Let us take a few minutes of reflection for the following members or spouses who have departed:

- * Bea Sodano
- * Edith Hoffman
- * Anne Sommer

Morris Habitat for Humanity is offering Seniors of Morris County, NJ a special home repair program that makes accessibility and energy efficiency improvements to enable senior citizens to move around safely inside their homes and complete the routines of daily living. By doing this, the program hopes to help Morris County senior citizens continue to live in their own homes longer and maintain their independence. Examples of work include modifications and improvements such as grab bars, additional handrails or securing handrails on stairs, changing faucets and doorknobs, installing handheld shower heads, weatherization, accessibility improvements, and roof repairs. Costs to homeowner are only for purchased materials and other needed professional services such as electricians, plumbers, etc. Morris Habitat is registered with the State of New Jersey as a home repair contractor. To qualify you must: · Own and live in your home full-time. · Age 62 or older, or someone else living in home Age 62 or older. · Live in Morris County, NJ. · City and Property taxes current. · Mortgage current or no mortgage. For more information contact Richard. B. Cooke at 845- 797-2213 or rich.cooke@morrishabitat.com



TOP TECHNOLOGIES

A recent poll of 2,000 seniors shows that many of them have tried new technologies and are enjoying it more than they originally thought. According to the survey, conducted on behalf of Medtronic, using Zoom and video chatting with their doctor topped the list of firsts for seniors during the pandemic. Seventy-nine percent of respondents tried telehealth for the first time to help them stay home and reduce the risk of contracting the coronavirus. Fifty-eight percent said they would use telehealth services in the future.

The survey also revealed that fifteen percent of the group used a smartphone or tablet for the first time during the pandemic.